



3rd International Conference
of the Society for Interdisciplinary Placebo Studies (SIPS)
26 – 28 May, 2021 – Meet us Virtually in Baltimore

Harnessing placebo mechanisms for optimal pain management
and treatment of alcohol and other drug use disorder

Conference Agenda – May 26-28, 2021

Time All Eastern Time (U.S.)	Activity	CME
Day 1 – May 26, 2021		
8:00 AM	Meeting opens	
8:15 AM – 9:00 AM	Official Opening of the Conference and Welcome Remarks Bruce E. Jarrell, MD, FACS – President, University of Maryland Baltimore (UMB) E. Albert Reece, MD, PhD, MBA – EVP and Dean, UM School of Medicine (UMSOM) Natalie D. Eddington, PhD, FAAPS, FCP – Dean, UM School of Pharmacy (UMSOP) Jane M. Kirschling, PhD, RN, FAAN – Dean, UM School of Nursing (UMSON) John Kelley, PhD – President, Society for Interdisciplinary Placebo Studies (SIPS)	
9:05 AM – 10:05 AM	Plenary lecture 1: Placebo Therapy Memories: Influences on Writing the Book 50 Years Ago Jefferson M. Fish, PhD – Professor Emeritus, St. John's University (NY) Introduction by: Irving Kirsch, Ph.D. , Associate Director, Program in Placebo Studies, Harvard Medical School, Professor Emeritus of Psychology: University of Connecticut (USA) and University of Hull (UK)	CME
10:10 AM – 11:40 AM	*Parallel Workshop Session 1 – This session will include 5 parallel symposia S1.1: <i>Using the balanced placebo design to investigate the role of expectancy in drug-related responses: Applications in nicotine and opioid models.</i> Lauren Atlas (chair); Laura Juliano; Xiaosi Gu S1.2: <i>Predictability of clinical placebo responses.</i> Vania Apkarian (chair); Kathryn Hall; Tor Wager; Paulo Branco; Etienne Vachon-Presseau S1.3: <i>Expectations: What do we know and where do we need to go?</i> Lene Vase (chair); Irving Kirsch; Christian Büchel; Ulrike Bingel S1.4: <i>Placebo and Nocebo Effects in Affective Disorders.</i> Winfried Rief (chair); Yvonne Nestoriuc; John Kelley S1.5: <i>Dynamic regulation of genes in placebo responsiveness in pain and alcohol use disorders.</i> Chamindi Seneviratne (chair); Luana Colloca; Susan G Dorsey	CME
12:00 PM – 1:00 PM	Networking Lunch Poster session S1 – presenters will be available during this hour to present their posters to the judges and attendees. Posters will remain visible throughout the day.	
1:00 PM – 2:00 PM	Plenary Lecture 2: How Placebo Research Informs Healing Wayne B. Jonas, MD, Executive Director, Integrative Health Programs, Samueli Introduction by: Patricia D. Franklin, PhD, RN – Adjunct Faculty, University of Maryland School of Nursing (UMSON)	CME
2:15 PM – 3:15 PM	Plenary Lecture 3: Prediction, Expectation, and Pain Control Howard Fields, MD, PhD – Professor Emeritus, Neurology and Physiology, University of California, San Francisco	CME

	Introduction by: Eric Weintraub, MD - Associate Professor and Director, Division of Addiction Research and Treatment, Department of Psychiatry, University of Maryland School of Medicine	
3:30 PM – 5:30 PM	<p>Spotlight special session 1 – The COVID-19 pandemic session KEYNOTE speaker: COVID-19- society, science and health care in year two of the pandemic Leonard Calabrese, DO – Professor of Medicine, Director of the RJ Fasenmyer Centre for Clinical Immunology, Vice Chair, Department of Rheumatic and Immunologic Disease, Co-director of the Centre for Vasculitis Care and Research, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University, Cleveland, OH, USA</p> <p>Panelists: Claire M. Fraser, PhD – Professor and Director, Institute for Genome Sciences, University of Maryland School of Medicine Arthur Barsky, MD – Professor of Psychiatry, Harvard Medical School Manfred Schedlowski, PhD – Professor, Institute of Medical Psychology and Behavioral Immunobiology, University Clinic Essen, Germany Moderator: Andrew L. Geers, PhD, Professor of Psychology, Department of Psychology, University of Toledo, Toledo, Ohio</p>	CME
5:30 PM	Networking Social Event -	
Day 2 – May 27, 2021		
7:30 AM – 8:30 AM	Networking Breakfast	
7:45 AM – 8:45 AM	<p>Plenary lecture 4: – <i>Sharing online clinical notes with patients: Implications for placebo and nocebo effects</i> Charlotte Blease, PhD – Keane OpenNotes Scholar, Beth Israel Deaconess Medical Center, Harvard Medical School</p> <p>Introduction by: Stephen Davis, MBBS, FRCP, FACE, MACP, Professor and Chair, Department of Medicine University of Maryland School of Medicine; Director, Institute for Clinical and Translational Research; Vice President of Clinical Translational Science, University of Maryland Baltimore</p>	CME
9:00 AM – 10:30 AM	<p>*Parallel Workshop Session 2 – This session will include 5 parallel symposia.</p> <p>S2.1: Using the Person-Based Approach to Implement Placebo Research into Primary Care. Felicity Bishop (chair); Jane Vennik; Kirsten A. Smith S2.2: Immersive virtual reality to induce a positive therapeutic experience in musculoskeletal pain patients. Marco Testa (chair); Beth Darnall; Luana Colloca S2.3: Putting placebos into practice: From mechanisms to making patients better. Jeremy Howick (chair); Damien Finniss; Babel Przemyslaw S2.4: Placebo meets proteomics. Karin Meissner (chair); Dominik Lutter; Christine von Toerne S2.5: Nocebo in headaches. Dimos D. Mitsikostas (chair); Christina Deligianni; Fabrizio Benedetti</p>	CME
10:30 AM – 12:30 PM	<p>Special Session 2 sponsored by the Samueli Foundation Keynote Speaker: What is Good Evidence? The Placebo Effect and Research Quality Vinay Prasad, MD, MPH - Associate Professor, Department of Epidemiology and Biostatistics, University of California San Francisco</p> <p>Panelists: David Goldman, MD, PhD - Clinical Director, National Institute on Alcohol Abuse and Alcoholism (NIAAA) Wayne Jonas, MD - Executive Director, Samueli Integrated Health Programs C. Daniel Mullins, PhD - Director, PATIENTS-Oriented Center, University of Maryland School of Pharmacy</p>	CME

	Moderator: Luana Colloca, MD, PhD – Associate Professor, UMSON; Director, CTSA TL1 Pre- and Postdoctoral Training Program University of Maryland School of Medicine	
12:30 PM – 1:30 PM	<p>Networking lunch:</p> <ul style="list-style-type: none"> • Student/Post-Doc/Fellow networking luncheon. • Networking luncheon for clinicians and academic and industry affiliated scientists. <p>Poster session S2 – presenters will be available during the 1st hour of the session to present their posters. Posters will remain visible throughout the day.</p>	
1:30 PM – 2:30 PM	<p>Plenary lecture 5: Negative emotional state neuroadaptations in addiction and how they can become conditioned to cues and context</p> <p>George Koob, Ph.D. – Director, National Institute on Alcohol Abuse and Alcoholism (NIAAA) Introduction by: Raye Z. Litten, PhD - Acting Director, Division of Medications development (DMD) and the Division of Treatment and Recovery Research (DTRR), NIAAA</p>	CME
2:30 PM – 4:00 PM	<p>*Parallel Workshop Session 3 – This session will include 5 parallel symposia.</p> <p>S3.1: Role of Cues and Expectancies in Addiction: Recent Translational Efforts. Lorenzo Leggio (chair); Jocelyn Richard; Hayley Treloar Padovano</p> <p>S3.2: Phenotypes supporting the association of sleep disturbance and endogenous pain modulation. Luana Colloca (chair); Patrick H. Finan; Gilles J Lavigne</p> <p>S3.3: Possible Placebo Mechanisms: Conditioned response, meaning making, and relationship. Bruce E Wampold (chair); Ian Wickramasekera; Daniel Moerman</p> <p>S3.4: New Translational Opportunities for Placebo Research. Marta Pecina (chair); Alia Crum; Ben Alter</p> <p>S3.5: Expectation/Placebo Effects in Behavioral Interventions for Cognitive Enhancement: Lessons from Outside Domains and Current Research. C. Shawn Green (chair); Susanne Jaeggi; Aaron Seitz; Jocelyn Parong; Tor Wager</p>	CME
4:00 PM – 5:00 PM	<p>Special announcements:</p> <ul style="list-style-type: none"> ❖ CRC/TRR 289 Early Career Research Fellowship “Treatment Expectation Research Fellowship” award Moderator: Ulrike Bingel, MD University of Essen, Germany ❖ Lifetime Achievement Award - To Ted Kaptchuk on behalf of the Leadership Team of Harvard’s Program in Placebo Studies & Therapeutic Relationship (PiPS: Ted Kaptchuk, Irving Kirsch, PhD and John Kelley, PhD) <p>Special Plenary Lecture related to the Lifetime Achievement Award: Placebos and Honesty Ted Kaptchuk - Professor of medicine, Global Health and Social Medicine, Harvard Medical School; Director, Harvard-wide Program in Placebo Studies, and the Therapeutic Encounter (PiPS), Beth Israel Deaconess Medical Center, Boston, Massachusetts.</p>	
Day 3 – May 28, 2021		
7:30 AM – 8:30 AM	Networking Breakfast	
7:45 AM – 8:45 AM	<p>Plenary lecture 6 – Why psychotherapy is an open-label placebo and open-label placebo is psychotherapy</p> <p>Jens Gaab, PhD. Full Professor, University of Basel, Switzerland Introduction by: Jason Noel, PhD – Associate Professor, University of Maryland School of Pharmacy (UMSOP), Baltimore, USA</p>	CME

<p>9:00 AM – 10:30 AM</p>	<p>*Parallel Workshop Session 4 – This session will include 5 parallel symposia.</p> <p>S4.1: <i>Towards a better understanding of the placebo-effects of communication: from rationales and research to implications and training.</i> Liesbeth Van Vliet (chair); John Kelley; Jeremy Howick; Kari Leibowitz; Alia Crum</p> <p>S4.2: <i>Molecular Mechanisms of Placebo Response: From Genes to Pathways.</i> Kathryn Hall (chair); Marta Pecina; Arun Tiwari; Jan Vollert</p> <p>S4.3: <i>The therapeutic encounter as placebo – parsing the psychological, sociocultural, and brain mechanisms of the patient-clinician interaction in pain treatment.</i> Dan-Mikael Ellingsen (chair); Leander Steinkopf; Elizabeth Reynolds Losin</p> <p>S4.4: <i>Placebo effects in pain management - practical implications.</i> Regine Klinger (chair); Wiebke Sondermann; Manfred Schedlowski</p> <p>S4.5: <i>Management of contextual factors to enhance placebo and avoid nocebo effects in clinical practice.</i> Marco Testa (chair); Giacomo Rossetini; Diletta Barbiani; Maxi Miciak</p> <p>S4.6: <i>The placebo effect in the motor domain: from pathology to sport.</i> Mirta Fiorio (chair); Fabrizio Benedetti; Chris Beedie; Karen Rommelfanger</p>	<p>CME</p>
<p>10:45 AM – 12:30 PM</p>	<p>Special Session 3: Virtual Reality Blitz</p> <p>Panelists: Invited scientists, stakeholders, patients</p> <ol style="list-style-type: none"> 1. <i>Virtual Reality improves pain outcomes: Physiological mechanisms and clinical implications.</i> Yang Wang, PhD, University of Maryland, School of Nursing 2. <i>Virtual embodiment training and coaching for patients with chronic Pain.</i> Kris Beebe, Physical Therapist, MS, MPT, Karuna Labs 3. <i>The development of VR Art and Music Immersive Experiences for pain distraction.</i> William Latham & Lance Putnam, Computing + DC Labs. Goldsmiths (University of London) www.mutatorvr.com 4. <i>Communicate Health: A Virtual Reality training tool for optimizing expectancy effects in patient-provider interaction.</i> Janine Westendorp, Leiden University, Dept of Health, Medicine and Neuropsychology 5. <i>Immersive Virtual Reality in musculoskeletal physiotherapy.</i> Marco Testa PT PhD, Department of Neuroscience, Rehabilitation, Ophthalmology, Genetic, Maternal and Child Science – University of Genova, Campus of Savona - Italy 6. <i>Analysis of recent and ongoing clinical research deploying Virtual Reality applications to treat pain and addiction.</i> Denise Silber, MBA, CEO of VRforHealth 7. <i>Virtual Reality applications to chronic pain: Theoretical challenges and future directions.</i> Zina Trost, PhD, Virginia Commonwealth University, Department of Physical Medicine and Rehabilitation <p>Moderator: Chamindi Seneviratne, MD - Assistant Professor, University of Maryland School of Medicine (UMSOM)</p>	<p>CME</p>
<p>12:30 PM – 1:30 PM</p>	<p>Networking lunch: SIPS (Steering committee business meeting) – closed session.</p> <p>Educational session 1– # parallel symposia with panelists including faculty, program officers</p> <p>Educational session: Career development Alia Crum, Stanford University, Stanford, USA Sigrid Elsenbruch, PhD, University of Essen, Germany Leslie Tive, PhD – Pfizer, USA Kathryn Hall, PhD – Harvard School, USA</p> <p>Moderator: Patricia Franklin, PhD, RN</p> <p>Educational session: Compelling case for an effective grant writing </p>	

	<p>Mary Kay Lobo, PhD, University of Maryland, Baltimore, USA Henry Kranzler, MD, University of Pennsylvania, USA Christian Buchel, MD, University of Hamburg, Germany Mark Vosvick, PhD Scientific Review Officer, NIH, USA Moderator: Chamindi Seneviratne, MD</p> <p>Educational session: Design a placebo study Ulrike Bingel, MD, University of Essen, Germany Luis Villeneuve, DoD, PhD, INSERM, France Asaf Keller, PhD, University of Maryland, Baltimore, USA Prof. Dr. Winfried Rief, PhD, University of Marburg, Germany Moderator: Jason Noel, PharmD</p>	
1:30 PM – 2:30 PM	<p>Plenary lecture 7 – The Clinician Effect: You are the Strongest Medicine to Reduce Pain and Suffering David Rakel, MD – Professor and Chair, Department of Family & Community Medicine, University of New Mexico School of Medicine Introduction by: Asaf Bitton, MD, MPH, Associate professor of health care policy at the Department of Health Care Policy at Harvard Medical School</p>	CME
2:30 PM – 4:15 PM	<p>*Parallel Session 5 – This session will include oral presentations from young investigators O1.1 Pain - Moderator: Katharina Schmidt, PhD University of Essen, Germany O1.2 Pain - Moderator: Jian Kong, MD, MS, MPH Harvard School, Boston, USA O1.3 Addiction and Comorbid Conditions - Moderator: Daniel Roche, PhD, University of Maryland School of Medicine, Baltimore, USA O1.4 General - Moderator: Yvonne Nestoriuc, PhD, University of Hamburg, Germany O1.5 Other - Moderator: Annabelle (Mimi) Belcher, PhD University of Maryland, Baltimore, USA</p>	
4:30 PM – 5:00 PM	<p>Closing remarks. SIPS Local Organizing Committee – Announcement of the next country hosting the meeting Awards presentation and celebration: Best posters, Best Oral Presentations</p>	