



3rd International Conference
of the Society for Interdisciplinary Placebo Studies (SIPS)
 26 – 28 May, 2021 – Meet us Virtually in Baltimore

Harnessing placebo mechanisms for optimal pain management
 and treatment of alcohol and other drug use disorder

Conference Agenda – May 26-28, 2021

Time All Eastern Time (U.S.)	Activity	CME
Day 1 – May 26, 2021		
8:00 AM	Meeting opens	
8:15 AM – 9:00 AM	Official Opening of the Conference and Welcome Remarks Bruce E. Jarrell, MD, FACS – President, University of Maryland Baltimore (UMB) (TBC) E. Albert Reece, MD, PhD, MBA – EVP and Dean, UM School of Medicine (UMSOM) Natalie D. Eddington, PhD, FAAPS, FCP – Dean, UM School of Pharmacy (UMSOP) Jane M. Kirschling, PhD, RN, FAAN – Dean, UM School of Nursing (UMSON) John Kelley, PhD – President, Society for Interdisciplinary Placebo Studies (SIPS)	
9:05 AM – 10:05 AM	Plenary lecture 1: Placebo Therapy Memories: Influences on Writing the Book 50 Years Ago Jefferson M. Fish, PhD – Professor Emeritus, St. John's University (NY) Introduction by: Irving Kirsch, Ph.D. , Associate Director, Program in Placebo Studies, Harvard Medical School, Professor Emeritus of Psychology: University of Connecticut (USA) and University of Hull (UK)	CME
10:10 AM – 11:40 AM	*Parallel Workshop Session 1 – This session will include 5 parallel symposia S1.1: Using the balanced placebo design to investigate the role of expectancy in drug-related responses: Applications in nicotine and opioid models. Lauren Atlas (chair); Laura Juliano; Xiaosi Gu S1.2: Predictability of clinical placebo responses. Vania Apkarian (chair); Kathryn Hall; Tor Wager; Paulo Branco; Etienne Vachon-Presseau S1.3: Expectations: What do we know and where do we need to go? Lene Vase (chair); Irving Kirsch; Christian Büchel; Ulrike Bingel S1.4: Placebo and Nocebo Effects in Affective Disorders. Winfried Rief (chair); Yvonne Nestoriuc; John Kelley S1.5: Molecular Mechanisms of Placebo Response: From Genes to Pathways. Kathryn Hall (chair); Marta Pecina; Arun Tiwari; Jan Vollert	CME
12:00 PM – 1:00 PM	Networking Lunch Poster session 1 – presenters will be available during this hour to present their posters to the judges and attendees. Posters will remain visible throughout the day.	
1:00 PM – 2:00 PM	Plenary Lecture 2: How Placebo Research Informs Healing Wayne B. Jonas, MD, Executive Director, Integrative Health Programs, Samueli Introduction by: Patricia D. Franklin, PhD, RN – Adjunct Faculty, University of Maryland School of Nursing (UMSON)	CME
2:15 PM – 3:15 PM	Plenary Lecture 3: Prediction, Expectation, and Pain Control Howard Fields, MD, PhD – Professor Emeritus, Neurology and Physiology, University of California, San Francisco Introduction by: Eric Weintraub, MD - Associate Professor and Director, Division of Addiction Research and Treatment, Department of Psychiatry, University of Maryland School of Medicine	CME

3:30 PM – 5:30 PM	<p>Spotlight special session 1 – The COVID-19 pandemic session KEYNOTE speaker: COVID-19- society, science and health care in year two of the pandemic Leonard Calabrese, DO – Professor of Medicine, Director of the RJ Fasenmyer Centre for Clinical Immunology, Vice Chair, Department of Rheumatic and Immunologic Disease, Co-director of the Centre for Vasculitis Care and Research, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University, Cleveland, OH, USA Panelists: Claire M. Fraser, PhD – Professor and Director, Institute for Genome Sciences, University of Maryland School of Medicine Arthur Barsky, MD – Professor of Psychiatry, Harvard Medical School Manfred Schedlowski, PhD – Professor, Institute of Medical Psychology and Behavioral Immunobiology, University Clinic Essen, Germany Moderator: Andrew L. Geers, PhD, Professor of Psychology, Department of Psychology, University of Toledo, Toledo, Ohio</p>	CME
5:30 PM	Networking Social Event -	
Day 2 – May 27, 2021		
7:30 AM – 8:30 AM	Networking Breakfast	
7:45 AM – 8:45 AM	<p>Plenary lecture 4: – <i>Sharing online clinical notes with patients: Implications for placebo and nocebo effects</i> Charlotte Blease, PhD – Keane OpenNotes Scholar, Beth Israel Deaconess Medical Center, Harvard Medical School Introduction by: Stephen Davis, MBBS, FRCP, FACE, MACP, Professor and Chair, Department of Medicine University of Maryland School of Medicine; Director, Institute for Clinical and Translational Research; Vice President of Clinical Translational Science, University of Maryland Baltimore</p>	CME
9:00 AM – 10:30 AM	<p>*Parallel Workshop Session 2 – This session will include 5 parallel symposia. S2.1: Using the Person-Based Approach to Implement Placebo Research into Primary Care. Felicity Bishop (chair); Jane Vennik; Kirsten A. Smith S2.2: Immersive virtual reality to induce a positive therapeutic experience in musculoskeletal pain patients. Marco Testa (chair); Beth Darnall; Luana Colloca S2.3: Putting placebos into practice: From mechanisms to making patients better. Jeremy Howick (chair); Damien Finniss; Babel Przemyslaw S2.4: Placebo meets proteomics. Karin Meissner (chair); Dominik Lutter; Christine von Toerne S2.5: Nocebo in headaches. Dimos D. Mitsikostas (chair); Christina Deligianni; Fabrizio Benedetti</p>	CME
10:30 AM – 12:30 PM	<p>Special Session 2 sponsored by the Samueli Foundation Keynote Speaker: What is Good Evidence? The Placebo Effect and Research Quality Vinay Prasad, MD, MPH - Associate Professor, Department of Epidemiology and Biostatistics, University of California San Francisco Panelists: David Goldman, MD, PhD - Clinical Director, National Institute on Alcohol Abuse and Alcoholism (NIAAA) Wayne Jonas, MD - Executive Director, Samueli Integrated Health Programs C. Daniel Mullins, PhD - Director, PATIENTS-Oriented Center, University of Maryland School of Pharmacy Moderator: Luana Colloca, MD, PhD – Associate Professor, UMSON; Director, CTSA TL1 Pre- and Postdoctoral Training Program University of Maryland School of Medicine</p>	CME

12:30 PM – 1:30 PM	<p>Networking lunch:</p> <ul style="list-style-type: none"> • Student/Post-Doc/Fellow networking luncheon. • Networking luncheon for clinicians and academic and industry affiliated scientists. <p>Poster session 2 – presenters will be available during the 1st hour of the session to present their posters</p>	
1:30 PM – 2:30 PM	<p>Plenary lecture 5: <i>Negative emotional state neuroadaptations in addiction and how they can become conditioned to cues and context</i></p> <p>George Koob, Ph.D. – Director, National Institute on Alcohol Abuse and Alcoholism (NIAAA) Introduction by: Joanne B. Fertig, PhD - Acting Deputy Director, Division of Medications development, NIAAA</p>	CME
2:30 PM – 4:00 PM	<p>*Parallel Workshop Session 3 – This session will include 5 parallel symposia.</p> <p>S3.1: <i>Role of Cues and Expectancies in Addiction: Recent Translational Efforts.</i> Lorenzo Leggio (chair); Jocelyn Richard; Hayley Treloar Padovano</p> <p>S3.2: <i>Phenotypes supporting the association of sleep disturbance and endogenous pain modulation.</i> Luana Colloca (chair); Patrick H. Finan; Gilles J Lavigne</p> <p>S3.3: <i>Possible Placebo Mechanisms: Conditioned response, meaning making, and relationship.</i> Bruce E Wampold (chair); Ian Wickramasekera; Daniel Moerman</p> <p>S3.4: <i>New Translational Opportunities for Placebo Research.</i> Marta Pecina (chair); Alia Crum; Ben Alter</p> <p>S3.5: <i>Expectation/Placebo Effects in Behavioral Interventions for Cognitive Enhancement: Lessons from Outside Domains and Current Research.</i> C. Shawn Green (chair); Susanne Jaeggi; Aaron Seitz; Jocelyn Parong; Tor Wager</p>	CME
4:00 PM – 5:00 PM	Networking Social Event	
Day 3 – May 28, 2021		
7:30 AM – 8:30 AM	Networking Breakfast	
7:45 AM – 8:45 AM	<p>Plenary lecture 6 – <i>Why psychotherapy is an open-label placebo and open-label placebo is psychotherapy</i></p> <p>Jens Gaab, PhD. Full Professor, University of Basel, Switzerland Introduction by: Jason Noel, PhD – Associate Professor, University of Maryland School of Pharmacy (UMSOP), Baltimore, USA</p>	CME
9:00 AM – 10:30 AM	<p>*Parallel Workshop Session 4 – This session will include 5 parallel symposia.</p> <p>S4.1: <i>Towards a better understanding of the placebo-effects of communication: from rationales and research to implications and training.</i> Liesbeth Van Vliet (chair); John Kelley; Jeremy Howick; Kari Leibowitz; Alia Crum</p> <p>S4.2: <i>Dynamic regulation of genes in placebo responsiveness in pain and alcohol use disorders.</i> Chamindi Seneviratne (chair); Luana Colloca; Susan G Dorsey</p> <p>S4.3: <i>The therapeutic encounter as placebo – parsing the psychological, sociocultural, and brain mechanisms of the patient-clinician interaction in pain treatment.</i> Dan-Mikael Ellingsen (chair); Kai Karos; Elizabeth Reynolds Losin</p> <p>S4.4: <i>Placebo effects in pain management - practical implications.</i> Regine Klinger (chair); Wiebke Sondermann; Manfred Schedlowski</p> <p>S4.5: <i>Management of contextual factors to enhance placebo and avoid nocebo effects in clinical practice.</i> Marco Testa (chair); Giacomo Rossetini; Diletta Barbiani; Maxi Miciak</p> <p>S4.6: <i>The placebo effect in the motor domain: from pathology to sport.</i> Mirta Fiorio (chair); Fabrizio Benedetti; Chris Beedie; Karen Rommelfanger</p>	CME
10:45 AM – 12:30 PM	<p>Special Session 3: Virtual Reality Blitz</p> <p>Panelists: Invited scientists, stakeholders, patients</p>	CME

	<ol style="list-style-type: none"> 1. <i>Managing chronic pain with Virtual Reality – a patient’s perspective.</i> Saira Yousaf, TMD patient, University of Maryland 2. <i>Virtual Reality improves pain outcomes: Physiological mechanisms and clinical implications.</i> Yang Wang, PhD, University of Maryland, School of Nursing 3. <i>Virtual embodiment training and coaching for patients with chronic Pain.</i> Kris Beebe, Physical Therapist, MS, MPT, Karuna Labs 4. <i>The development of VR Art and Music Immersive Experiences for pain distraction.</i> William Latham & Lance Putnam, Computing + DC Labs. Goldsmiths (University of London) www.mutatorvr.com 5. <i>Communicate Health: A Virtual Reality training tool for optimizing expectancy effects in patient-provider interaction.</i> Janine Westendorp, Kaya J. Peerdeman, Liesbeth M. van Vliet & Andrea W.M. Evers. Leiden University, Dept of Health, Medical and Neuropsychology 6. <i>Immersive Virtual Reality in musculoskeletal physiotherapy.</i> Marco Testa PT PhD, Department of Neuroscience, Rehabilitation, Ophthalmology, Genetic, Maternal and Child Science – University of Genova, Campus of Savona - Italy 7. <i>Analysis of recent and ongoing clinical research deploying Virtual Reality applications to treat pain and addiction.</i> Denise Silber, MBA, CEO of VRforHealth 8. <i>Virtual Reality applications to chronic pain: Theoretical challenges and future directions.</i> Zina Trost, PhD, Virginia Commonwealth University, Department of Physical Medicine and Rehabilitation <p>Moderator: Chamindi Seneviratne, MD - Assistant Professor, University of Maryland School of Medicine (UMSOM)</p>	
12:30 PM – 1:30 PM	<p>Networking lunch: SIPS (membership) business meeting – closed session.</p> <p>SIPS Business Meeting (by Invitation Only)</p> <p>Educational session 1– # parallel symposia: Career development Grant writing Design a placebo study Speakers: Program Officers from NCCIH, DFG, TBD</p>	
1:30 PM – 2:30 PM	<p>Plenary lecture 7 – <i>The Clinician Effect: You are the Strongest Medicine to Reduce Pain and Suffering</i></p> <p>David Rakel, MD – Professor and Chair, Department of Family & Community Medicine, University of New Mexico School of Medicine</p> <p>Introduction by: Asaf Bitton, MD, MPH, Associate professor of health care policy at the Department of Health Care Policy at Harvard Medical School</p>	CME
2:30 PM – 4:00 PM	<p>*Parallel Session 5 – This session will include oral presentations from young investigators</p> <p>O1.1 Pain O1.2 Pain O1.3 Addiction O1.4 General O1.5 Other</p>	
4:00 PM – 5:00 PM	<p>Closing remarks. SIPS Local Organizing Committee</p> <p>Awards presentation and celebration: Best posters, Best Oral Presentations, Fellowship Award</p>	